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 RELEASE

**Catherine M. Mullahy, President of Mullahy & Associates, LLC,  
 Receives Case Management Society of America's Lifetime Achievement Award**

**Huntington, NY...**

Catherine M. Mullahy, RN, BS, CRRN, CCM, one of the healthcare industry's foremost leaders in advancing case management practices for enhanced healthcare, was recently honored by the Case Management Society of America ([www.cmsa.org](http://www.cmsa.org)) with its



“Lifetime Achievement Award.” It is just the fifth such award given by the CMSA since its founding in 1989. Ms. Mullahy, who is still very active in the field as President of Mullahy & Associates, LLC ([www.mullahyassociates.com](http://www.mullahyassociates.com), Huntington, NY), a leading consulting, educational and training organization, received her award at CMSA's 2010 Annual Conference & Expo held June 8-11<sup>th</sup> at the Disney Coronado Springs Resort in Orlando, Florida. Outgoing CMSA President Peggy Leonard made the presentation. This latest achievement marks a long series of contributions and accomplishments for Mullahy, a 35-year healthcare veteran.

In addition to being the author of The Case Manager's Handbook, now in its fourth edition and widely regarded as the profession's definitive textbook, Mullahy has earned such honors as the CMSA “Case Manager of the Year” in 1999 and the Professional Rehabilitation Association's “Professional of the Year” in 1997. Over the course of her career, she has held many leadership and Board positions including that as President of the CMSA and Chair of several of its key committees; National Chair for the Commission for Case Manager Certification; Member of the Foundation for Rehabilitation, Education and Research; Professional Advisory Board of Gentiva Health Services; and the Case Management Advisory Committee of the American Accreditation HealthCare Commission/URAC. A past editor of *The Case Manager*, she is a frequent contributor and expert source for various news, business and professional publications.

Prior to forming her current company, Mullahy founded and served as President and CEO of Options Unlimited, a successful case management firm, which was ultimately acquired

by Matria Healthcare, Inc. (Nasdaq: MATR). Mullahy served at Matria for a period before starting Mullahy & Associates ([www.mulllahyassociates.com](http://www.mulllahyassociates.com)).

Mullahy earned her Bachelor of Science in Behavioral Science from the New York Institute of Technology and her Registered Nurse diploma from Kings County Hospital Center School of Nursing. She holds both the professional designations as a Certified Registered Rehabilitation Nurse and Certified Case Manager.

An active member of her local community, Mullahy was also named a Member of the Advisory Committee of the Nassau County Office for the Physically Challenged. She resides with her husband, John, in Huntington, New York. The couple has two children and five grandchildren. The family was in attendance for the award ceremony.

#### *More about the CMSA 2010 Annual Conference & Expo*

CMSA's 2010 Annual Conference & Expo was very well attended and featured prominent exhibitors, workshops, symposia programs, concurrent sessions and poster presentations. There were also keynote addresses by prominent speakers: "The Unsung Hero: The Caregiver" by Lee Woodruff, wife of ABC World News Tonight Co-Anchor Bob Woodruff, who was critically injured in the war; "A Special Address" by the U.S. Air Force Surgeon General Charles Bruce Green, "Social Media, Technology, and Case Management" by Don Dea and Hugh Lee, and "Ethics and the Future of the Healthcare Marketplace: The Quest for Value for All Americas" by Ian Morrison. In addition to Mullahy's "Lifetime Achievement Award," the CMSA conference also included award presentations for CMSA chapter "Excellence & Innovation," the "Award of Service Excellence," and the "Case Manager of the Year" award. Also occurring at the conference was the transition from outgoing CMSA President Peggy Leonard to the new CMSA President Theresa (Teri) Treiger.