

FREQUENTLY ASKED QUESTIONS

Mood, Emotions, and Immunity

Presented by Nick Hall, PhD

Visit www.nurse.com for complete information
or call 800-866-0919 or email ce@gannetthg.com.

Who should attend?

The Mood, Emotions, and Immunity seminar is open to registered nurses, psychologists, social workers and other allied health professionals. For questions about the programmatic aspects of these seminars, contact Dorothy W. Angelini, RN, MSN, at dangelini@gannetthg.com.

What are the key course benefits?

- Learn how stress and self-destructive emotions can directly impact the immune system.
- Learn how inflammation can speed up the aging process through greater bone loss, anemia and frailty.
- Learn how age related impairment of feedback systems can result in greater inflammation with aging.
- Discuss alternative/complementary interventions capable of modulating the immune system and health.
- Explain the mechanism whereby stress and self-destructive emotions bring about infection and autoimmunity.
- Describe how immune system cytokines can trigger depression, fatigue, and memory difficulties.
- Earn 6.0 contact hours. Gannett Education, formerly known as Nursing Spectrum Division of Continuing Education, is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Gannett Education, provider # 1203, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Gannett Education maintains responsibility for the program. Approval Period: February 15, 2010 to February 15, 2011. Social workers should contact their regulatory board to determine course approval.

How do I register?

Gannett Healthcare Group, Gannett Education, handles the registration for these programs. To register, please visit www.nurse.com, call 800-866-0919, or email ce@gannetthg.com.

Where do you offer the programs?

We currently offer these programs in Texas and will expand into other markets if there is an interest. Complete information is available at www.nurse.com.

Who provides the continuing education for these seminars?

Gannett Healthcare Group, Gannett Education, provides the CE contact hours for these seminars.

Do I need to attend the entire seminar to be awarded the contact hours?

Yes. **Attendance at the entire seminar is required to be awarded the contact hours.** If you arrive late or leave early, you may still attend the program (space permitting) but **will not be awarded the CE contact hours.**

I lost my certificate. How do I obtain a new one?

Lost CE **contact hour** certificates are available from Nursing Spectrum Continuing Education, 800-866-0919 or email ce@gannetthq.com.